

June 23-29 Menus

BREAKFAST

LUNCH

DINNER

SUNDAY

SCRAMBLED EGGS W/
SOUTHWESTERN VEGGIE
TOPPINGS & HASHBROWNS

TOFU SCRAMBLE & GF TOAST

MAC 'N CHEESE W/ TOPPINGS
& ROASTED BROCCOLI

DF/GF/VEGAN MAC 'N
CHEESE

BRAISED POT ROAST W/
POTATOES, CARROTS &
MASHED POTATOES

VEGAN MUSHROOM &
LENTILS

MONDAY

ASSORTED BAGELS W/
VEGGIES, LOX SPREAD &
CREAM CHEESE

GF BAGELS, DF/VEGAN
CREAM CHEESE

BAKED POTATO BAR W/
TOPPINGS & CORN BREAD

GF/DF/VEGAN TOPPINGS &
CORNBREAD

TVP TACO BAR W/ FIXINGS,
RICE & BEANS

GF/VEGAN TACOS

TUESDAY

BYO BREAKFAST
SANDWICHES &
HASHBROWN PATTIES

GF/DF BREAKFAST
SANDWICHES & VEGAN TOFU
SCRAMBLE

GRILLED HOT DOGS W/
POTATO CHIPS & VEGGIE
STICKS

GF BUNS/VEGAN HOT DOGS

PIZZA BAGELS W/ CEASAR
SALAD & VEGGIE STICKS

GF/DF/VEGAN PIZZA BAGELS

WEDNESDAY

WAFFLES W/ FRUIT
COMPOTE & SCRAMBLED
EGGS

GF/DF/VEGAN WAFFLES

PASTA BAR W/ PLANT BASED
PROTEIN, VEGGIES & GARLIC
BREAD

GF/DF PASTA OPTIONS

CHICKEN CACCIATORE W/
ORZO, CARROTS & BREAD
STICKS

VEGAN RATATOUILLE W/
RICE & BEANS, GF
PASTA/BREADSTICKS

THURSDAY

BREAKFAST HOT POCKETS
W/ SCRAMBLED EGGS &
HASHBROWNS

GF/DF/VEGAN HOT POCKETS

CHICKEN NUGGETS, VEGGIE
STICKS & FRIES

GF/VEGAN CHICKEN
NUGGETS & FRIES

STUFFED SHELLS W/ SALAD &
ITALIAN BREAD

GF/DF/VEGAN PASTA
OPTIONS

FRIDAY

FRENCH TOAST W/ SYRUP &
FRUIT COMPOTE

GF/DF/VEGAN FRENCH
TOAST

CHEESE & VEGGIE
QUESADILLAS W/ BEANS &
RICE

GF/DF/VEGAN QUESADILLAS

BBQ CHICKEN, CRUDITE
PLATTER, ROASTED
POTATOES, CAESAR SALAD

GF CHALLAH/VEGAN
ROASTED VEGETABLES W/
TOFU & QUINOA

SATURDAY

ASSORTED DONUTS,
CINNAMON ROLLS &
PASTRIES

GF/DF/VEGAN PASTRIES

BAGELS W/ TUNA SALAD,
EGG SALAD & NOODLE
KUGEL

GF/DF BAGELS & KUGEL,
VEGAN CHICKPEA SALAD

BBQ GRILLED HOT DOGS,
HAMBURGERS & CHICKEN W/
FIXINGS, CORN & COLESLAW

GF BUNS/IMPOSSIBLE
BURGERS/VEGAN HOT DOGS