

Intensives 1 – Thursday 10 am – 12 pm

Full Bodied Prayer (Noah Aronson)

What would it feel like to pray with your body? Real magic happens when we can get out of our heads and drop into our feet and hands to express our devotion. We will spend the first hour of this workshop in motion and fully embodied. Hour two will be spent in process and exploring ways to become more connected with our bodies during prayer and finding creative ways to bring more intentional movement back to your home communities.

Israeli Faculty Prayer and Repertoire (Feliza & Or Zohar)

This intensive will introduce participants to Feliza & Or's original new repertoire, the inspiration and careful thought behind each composition, and ways to use it in prayer services and songleading. Every prayer melody that Feliza & Or compose is a window into a whole liturgical world that provides a glimpse into inner intention, Kabbalistic spiritual teachings, Israeli influences, embodied experience and meditation, as well as the real life story that inspired it. The intensive offers practical ways to incorporate their liturgy into prayers, teaching vocal harmonies, instrumental lines, and middle eastern rhythms. If you are looking for new tunes and innovative approaches to prayer, this intensive is the place for you. If you are curious to learn more about Feliza & Or's musical journey between their Galilean village, Israeli society at large, and Jewish communities around the world, please join us.

Religious School Music Teacher 101 (Shira Kline)

RS Music Teacher 101 will be a deep dive into a broad review of seasonal, cultural, and prayerful music for elementary school age children. From the contemporary to *chasidic*, biblical classics to secular inspirations, these are the musical stories of our people. Taking a look at essential Jewish themes as well as our children's diverse learning modes and ever changing environmental contexts, we'll build a music curriculum to meet them where they are developmentally, socially, and spiritually. *A combo of practical theory and repertoire.*

Composition Masterclass- - Beginner/Intermediate (Josh Nelson)

A workshop for both beginner and intermediate level composers! (Re)discover the writer within you (or, improve the one that's already there). We'll explore what makes a song memorable and singable, and will examine the composing process from both Judaic and secular perspectives. Together, we will apply the principles we study, and each leave the session with the beginnings of a new work! Also - it's cookie time.

Leveling the Praying Field (Merri Lovinger Arian)

How can we “level the praying field,” so that all who enter our doors feel welcome? How do we select the music for our worship? How does the music connect with the spoken word? Why might we add new music within the worship service itself? How do we introduce this new music, so that it feels like prayer, rather than new “songs?” How do we shift from songleader to prayer leader? This workshop will involve conversation, technique, and of course, repertoire. We will use Merri’s new book, *Leveling the Praying Field*, as a resource.

What About G!D? Wrestling with the Divine in Communal Prayer (Eliana Light and Ellen Dreskin)

The way we do (and don’t) talk about G!D can have a profound impact on the lives of our community members. While singing can lift our spirits, the words of the siddur are still there—how do we start the conversation? Together, we’ll explore melodies, *kavanot*, and Jewish texts that can be used within t’fillot for all ages to expand our understandings of the Divine. We are Bnei Yisrael, after all— the children of G!D wrestlers. It’s time to step in to the ring.

Songleading Master Class (Ken Chasen)

Whether it’s on the bima or at camp... in a preschool or a religious school... the one thing we all need is a stellar set of songleading skills that can enable us to create transformative moments with music. We’ve all been moved deeply by those who know how to do it masterfully – and we want to move others just as deeply. Together, we will create a “songleading laboratory” in which we will invite a few participants to teach or lead a song, after which we will deconstruct what we experience and explore avenues for creating the deeper magic that defines truly exceptional songleading. Limit: 20 participants.

Five Brown Challahs In A WHAT???? (Ellen Allard)

You have a repertoire of songs that work well with the little ones. But hold on, wait just a minute! Fabulous songs are only the first step in being a successful early childhood music teacher. In this intensive, Ellen will teach you a whole slew of new songs (cause everyone always loves learning new songs, right?!?) AND equally as important, she’ll help you discover exactly why it’s so important for you to make sure that the songs you teach are developmentally appropriate.

URJ/Ramah Songleading *required for those who are URJ or Ramah camp songleaders* – (Dan Nichols, Alan Goodis, Deb Winter)

Summer 2019 URJ and Ramah Camp Songleaders will continue working intensively from their "pre-Hava Nashira" day, on preparing for the upcoming summer of songleading at their camp or on their Israel trips. The participants will leave with a well-crafted schedule of the summer's music teaching, new repertoire to use with ideas of where it's best suited, as well as more skills to grow as a songleader and teacher of Jewish music.

Intensive 2 – Friday 10 am – 12 pm

Companion Voices (Judith Silver)

How do you prepare to sing at the bedside of someone who is close to death? What songs do you sing and how do you get to the point where your own feelings and experiences won't interfere with your ability to serve in that intimate and profound moment? We will share some singing and exercises Judith has developed during the five years since she founded Companion Voices to explore these questions together. This won't be a song-learning session as such, though you're invited to bring ideas of songs you feel would fit this context. You will receive repertoire ideas, technique and soul work.

Bim Bom Boom! Tot Shabbat That Rocks The House (Ellen Allard)

Tot Shabbat (or whatever you like to call it) can rock the house. It should be a blast for everyone. What does it take? Join Ellen as she shares the Tot Shabbat techniques that she has used for the last 24 years to create rockin' Tot Shabbat experiences.

Songleading Within Worship: Teaching, Engaging, Agitating for Worship that Works! (Rosalie Boxt)

The purpose of music in worship is to enhance prayer. Adding new musical settings to your worship can add energy and provide new ways to experience the liturgy. How one selects music, teaches music, and uses music within worship, directly affects the strength and style of the sacred community one seeks to create. Yet it is a challenge to teach "within" the worship. How can we craft meaningful moments, not just "songs" in our worship? Through demo and discussion we will explore ways to contextualize the "teach" and the "share" so that it does just that! Best for those working as sh'lichei tzibur who would like to go deeper. *A balance of technique, repertoire, and conversation encompassing all of the above.*

Music Theory for Songleaders (Noah Aronson)

This intensive is meant to explain and demystify basic music theory. The goal is to provide you with fundamental understanding of how and why music works the way it does so that you can be more empowered and confident when approaching a piece of new music. You'll leave feeling

energized and excited to continue your musicianship journey and even ready to start engaging with the songwriting process! This course is designed for learners at all levels of experience and musicianship.

Contemplative Prayer and the Jewish Mantra (Shira Kline)

Here we will explore a series of sacred music practices including chant, call and response, *niggun*, toning, silence and space. Building upon this Jewish liturgical vocabulary, we will take a look through the prayer book to understand how we can integrate these practices into your sanctuary service. A mix of inspired contemporary and ancient repertoire will guide the way. We will practice and play with musical tools like the sruti box, bells, singing bowls, tuning forks and drums to learn about toning, sound healing, and the medium of the musical soul. *A combo of repertoire and exploratory practice.*

The Volunteer Choir: An Opportunity for Creating Sacred Community (Merri Lovinger Arian)

Let's re-imagine the role of the volunteer choir! How might this choir be an opportunity for its members to learn liturgy, musical interpretation, and prayer leadership? How might this choir serve as a tool for congregational engagement? In this workshop we will share our own experiences with volunteer choirs – the challenge and the privilege! Technique and repertoire will be explored; we will also address some of the challenges of working with amateur singers, and possible solutions.

Positive, Powerful Prayer for K-8 (Eliana Light)

Let's dive deep into why we pray with kids, and how to make those experiences both moment-meaningful and future-forward. Starting with the big picture, we'll explore pedagogy, program structure, repertoire, and technique for elementary and middle school-age learners. Whether you are building a program from scratch or want to enhance what you already do, whether you work at a synagogue, day school, or camp, come pray (and play) with us!

Composition Masterclass – Advanced (Josh Nelson)

Designed for composers who are generally experienced and interested in expanding their art form, this workshop will focus on secondary compositional techniques: word painting, “scanning,” rhythmic and melodic variations, sub-textual references, and “honesty in artistry.” A good time will be had by all. And yes - there will be cookies!

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