



A URJ CAMP  
**OSRUI**  
**APRIL 13 COVID UPDATES**



## PRE-CAMP ISOLATION

As you are aware, CDC guidance continues to evolve and change, sometimes daily! Please remember the CDC guidance is generally designed for an individual and their family and not the communal setting of a residential summer camp. Thus, our guidance may at times be slightly more restrictive out of an abundance of caution in protecting the health and safety of our communities.

For the **10 days** preceding your camp session you need to quarantine and remain in your family COVID “bubble” only. This means you and your camper need to...

- Avoid any indoor unmasked exposure outside immediate family, even to vaccinated people
- Participate only in school, daycare, or camps that follow CDC guidance including universal masking, hand hygiene, spacing, small group cohorting and contact tracing
  - If above school, daycare, or camp experiences are discretionary, please avoid scheduling them during the 10 days before camp to minimize exposure risk
- Avoid all public gatherings of more than five people outside of your household
- Avoid indoor restaurants
- Avoid team sports
- Avoid hosting overnight guests in your home who are not routine visitors/family in your home
- Avoid staying overnight in someone else’s home who is not a frequent visitor/family in your home
- Avoid travel outside of your home region
- Avoid socializing outside of school and workplaces
- Avoid businesses and locations that do not follow COVID health/safety guidelines
- **Follow the most up-to-date CDC guidelines**
- Maintain six-foot separations from others in outdoor public spaces
- Wear masks outside of your home
- Practice diligent hand hygiene



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# TRANSPORTATION



**Arrival by Car.** It will be required that any camper(s) arriving by car show proof of a negative COVID-19 PCR test within 72 hours of travel to camp. Campers who will be driven to camp will arrive within the prescribed timeframe and we request as few people in the car as necessary and prefer that parents in the car are vaccinated. Upon arrival, the camper(s) will be administered a rapid COVID-19 test, and must remain in the car until the test comes back negative. Upon a negative test result, the camper will go through the check-in process, and will be acclimated into their pod. The parent or guardian will be asked only to exit the car for a quick good-bye hug and kiss. Camp staff will ensure that all of your camper(s) belongings are transported to their camper cabin or housing pod. Every person in the car should be wearing a mask that covers their nose and mouth throughout this process.



**Arrival by Bus.** It will be required that any camper(s) arriving by bus show proof of a negative COVID-19 PCR test within 72 hours of travel to camp. The same protocol as arrival by car will take place until the time the camper(s) enter the bus. We request as few people in the car as necessary and prefer that all passengers are vaccinated if possible. Camper(s) will remain in the car until a negative rapid test result is reported on site. Once all of the campers for each bus have arrived and been cleared, each bus will be loaded individually. The parent or guardian will be asked only to exit the car for a quick good-bye hug and kiss. Camp staff will help move luggage from cars to the bus. Appropriate social distancing will be implemented on the bus, and buses will run at 40% capacity. It will be required that the bus driver show proof of vaccination and must take a rapid test on site. Every person in the car and on the bus should be wearing a mask that covers their nose and mouth throughout this process.



**Arrival by Plane.** It will be required that any camper(s) arriving by plane show proof of a negative COVID-19 PCR test within 72 hours of travel to camp. Additionally, campers who will fly to camp must take a rapid antigen test at home within 24 hours of their departure time (preferably the morning of travel) and receive a negative result in order to fly. This will count as their negative rapid test in order to enter camp on opening day. Campers will be tested again on the first day of surveillance testing at camp. Once the campers arrive at the airport, camp staff will meet them and the same protocols as travel to camp by bus will be followed. *Families who have campers who are flying to camp will receive a follow up communication about obtaining a rapid test kit and guidelines for minimizing exposure during their travel to camp.*

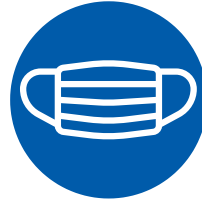


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## VACCINATIONS

All year-around and seasonal adult camp staff, visitors, and contractors on camp property, are **REQUIRED** to complete the COVID-19 vaccination series prior to entering camp and to provide proof of vaccination, in order to avoid posing a direct threat to the health and safety of our camp community members.



## MASKS

Based on guidance from our Medical Advisory team and best practices in ensuring everyone has adequate access to clean masks throughout the summer, we are asking that **campers bring disposable 3-ply paper masks**, rather than cloth masks. You can find an example of this type of mask [here](#). We suggest that younger campers come prepared with 5-6 masks per day. Older campers will likely need 3-4 per day.



## IN-CAMP TESTING

The URJ Camps' medical protocols around COVID-19 for this summer are being developed by our Medical Advisory Board, a team deeply committed to and connected with our camping movement.

- Testing for COVID-19 will be a key element of how we safely open and operate URJ camps this summer. We will be using the following approaches, together, for maximal protection of our campers and staff.
- Pre-Camp – All campers will be required to undergo PCR testing 3 days before camp, and the results must be available and negative before arrival.
  - Any PCR that is positive at that time will require at least 10 days of recovery before arrival, and the details of that recovery time will be determined by medical staff on a case-by-case basis.
- Because PCR tests can remain positive for many weeks after recovery from COVID-19 infection, **optional** testing may also be performed 12-14 days before camp. If this test is positive, the remaining days before camp will satisfy the time requirement before arrival, and repeat testing is unnecessary. If this test is negative, repeat testing is still required 3 days before arrival.
- Arrival – All campers will be tested at camp using Point-Of-Care (POC) antigen tests. These have the very significant advantage over PCR in providing instant results, whereas PCR can take days to learn that somebody tested positive.
- Ongoing Surveillance – All campers will be tested every 3 days on a rotating basis while at camp using POC tests. Instant results are critical to help camp isolate and quarantine any cases that might arise. Although PCR tests are somewhat more sensitive, the delayed results render them less effective at promptly identifying and responding to cases. Repeated testing with POC is considered a safer strategy overall, and one that we have adopted.