



A URJ CAMP

OSRUI

MEDICATION POLICY 2021

To ensure the best possible quality of care in our Health Center, OSRUI partners with J Drugs, a pharmacy service that works with many summer camps, to package camper prescriptions in a safe and easily dispensable method. As such, we require **all medications in pill form (prescriptions, supplements, vitamins and/or over-the-counter medications (OTC's) to be filled through J Drugs.** The only **exception** is if J Drugs notifies you that they are unable to accept your insurance. For any exceptions, you must get explicit permission from one of these staff members: Solly Kane, OSRUI Director; or Debbie Locketz (Camp Care Director). Medications that are not in pill form can be filled through J Drugs or brought with the camper on opening day.

Medications that must be ordered through J Drug:

- Any daily prescription medication in pill form
- Any as needed prescription medication in pill form
- Any OTC medication, vitamins or herbal supplements in pill form if your camper takes them on a daily basis. (If your camper takes these items on an as needed basis, see the information below.)

Medications that can be ordered through J Drug or brought on opening day:

- Medication that comes as a liquid, cream or patch. Please only send liquid medication if the medication is not available as a chewable or melt-away.
- Medication that comes in a powder form that must be mixed with a liquid.
- OTC nasal spray or eye drops
- Injectable medication
- Epi-pens
- Inhalers or nebulizers

Everything must be in the original container; if the instructions are different from what is printed on the container, you must include a note from your physician stating dosage and instructions clearly.

OTC Medication Taken on an As-Needed Basis

If your child takes an OTC medication or supplement only as needed (not on a daily basis) you do not need to go through J Drugs. Please note that OSRUI stocks standard OTC meds in our Health Center. Please include clear instructions on when as needed medications should be taken. There is no need to send the following with your child:

- Acetaminophen or Tylenol (liquid and all strengths)
- Ibuprofen or Advil (liquid and all strengths)
- Tums
- Benadryl

Filling prescriptions with J Drugs

- Print, complete and either fax or scan/email your completed Medication Order Form (see below) to the pharmacy to create your account. If you have any questions, please call J Drugs at (718) 258-6686.
- The deadline to submit this form is based on your camper's opening day:
 - May 15 for campers starting camp June 21st
 - June 15 for campers starting July 20th or August 11th

Your child's doctor should then mail or send electronic prescriptions directly to J Drugs.

J Drugs

1205 Avenue J

Brooklyn, NY 11230

Phone: 718-258-6686 Fax: 718-258-2360

Electronic Prescriptions should be submitted to: 718-258-6686



How is my insurance billed? How am I billed for co-pays?

J Drugs bills your insurance company directly as prescriptions are filled. Co-pays, deductibles, the cost of over-the-counter medications, and all uncovered medications will be charged to your credit card. J Drugs accepts New York State Medicaid and all major prescription plans.

How much does J Drugs charge for this service?

There is NO FEE for the medication packaging and delivery to camp. A rush fee of \$25 will be charged to families if we do not receive your camper's prescriptions by the deadline (**May 15** for campers starting June 21st, or **June 15** for campers starting July 20th and Aug 11th).

What if J Drugs doesn't carry my child's supplement? Can I send it to you to package for camp?

You can send unopened OTC's, vitamins, herbals and supplements directly to J Drugs for packaging. The fee for packaging supplements that we do not supply is \$20 per camper.

What will my prescriptions cost me through the J Drugs program?

No different than your local pharmacy. Insurance co-payments and/or deductibles are determined by your insurance carrier and prescription coverage.

How will I be charged?

You will be billed directly by J Drugs.

What is the relationship between J Drugs and OSRUI?

J Drugs is an independent pharmacy that has been chosen by OSRUI to provide medication services for its campers.

How are the medications packaged?

Each dose of medication is sealed in a medication strip package with a detailed label that includes your child's name, date of birth, medications enclosed, date and time to be administered, and any special instructions. The camp staff simply tears open the perforated packet and hands your child the medications. Please note that only medications in pill form can be included in the dose strip. Although OSRUI does not require that inhalers, creams, liquids etc. are purchased through J Drugs, you may choose to do so. Such medication is dispensed and labeled separately and shipped to camp with your child's other medications.

Can J Drugs package OTC medications such as Benadryl or Claritin?

Yes. When you fill out your Medication Order Form, provide us with either a prescription from the doctor or a "Physician's Authorization" (note from doctor on letterhead, including dose and time of administration). Our pharmacy will package these items with any prescription medications dosed at the same time of day.

Can J Drugs supply vitamins and supplements?

Yes. We offer a large assortment of vitamins and nutritional supplements. Please indicate your preferences when registering your child and we will notify you of any availability issues. Please provide us with either a prescription from the doctor or a "Physician's Authorization" (note from Doctor on letterhead). J Drugs CANNOT package any gummy vitamins.

What if my child is prescribed a controlled medication such as Adderall or Concerta?

We must receive an electronic prescription (or original prescription if your doctor does not electronically prescribe) for all controlled medications prior to shipping the medication. Prescriptions for controlled drugs will only be accepted for a 30-day supply. If your child is attending camp for a longer period, the doctor **MUST** supply a separate prescription for each 30-day period. If your child takes a medication that requires a new prescription every time it is filled, please have your doctor postdate prescriptions/leave date field blank when you submit them. For electronic prescriptions please have your doctor change the effective date on the prescription to 5 days prior to your camper's opening day.



Will J Drugs dispense name brands or generics?

Unless the physician specifies "Do Not Substitute" or "Brand Only" our pharmacy will dispense the generic. Many insurance plans will only pay for a generic. **IF YOU DO NOT WANT A GENERIC**, we ask that you notify your physician in advance and please let us know as well. For OTC medications, our pharmacy will provide generics unless you specify otherwise.

What if my child is at camp for longer than a month?

Your doctor can write most prescriptions with refills. For controlled substances, however, an additional 30-day prescription will be required.

What happens to extra medications if my child is at camp for less than 30 days?

Any unused medications will be sent home with your child on the last day of camp.

We have a 90-day prescription plan/mandatory mail order. Can I still use J Drugs?

J Drugs can accommodate this situation with the proper planning. Please contact us immediately so that we can plan accordingly.

What time are medications dispensed at camp?

Medications are generally dispensed at meal times and at bedtime. Please make certain that your doctor indicates the time(s) each medication should be taken on the prescription so that the camp can accommodate special requests.

Note from OSRUI: Campers who only take non-essential meds such as vitamins and 24-hour antihistamines are requested to take them at lunch. Because most campers must take their essential meds in the morning, this will expedite the medication distribution process for everyone.

My child takes a different dose of the same medication every other day. Can it be packaged that way?

Yes. It is critical that your doctor provides a prescription written exactly how the medications should be given. Our pharmacists can only label a prescription according to the exact instructions of the doctor and the camp will dispense the medication accordingly.

What happens if I order late?

If your child's medications must be sent in a later shipment, J Drugs will charge an expedite fee as well as shipping costs. Please note that in order to have your child's medication ready and waiting in camp on Opening Day it is important that you submit your registration prior to the **May 15 deadline** for campers starting June 21st and **June 15 deadline** for campers starting July 20th or August 11th.

What if my child's doctor writes a prescription for a new medication after your deadline for registering has passed?

We will work with you to handle late medication changes. You may be required to send additional medications to camp with your child as a back-up, and additional shipping charges may be applied. If you anticipate a change in medication prior to camp, please complete and return the Medication Order Form prior to the deadline and include a note on the form that you are not sure of the dosage or medication.

J DRUGS ORDER FORM - OSRUI

1205 Avenue J, Brooklyn, NY 11230
 Phone: 718-258-6686 Fax: 718-258-1230
 Email: JDRUGSRX@GMAIL.COM

Camper/Staff Member: Last Name First Name Date of Birth

Address: Street City State Zip Guardian E-mail Address

Parent/Guardian: Last Name First Name Cell Phone Summer Contact Number

Camp Start Date (Circle One) 6/21 7/21 8/11 # wks at camp Allergies

| Name of Medication | Strength | Quantity/Time of Day: (Please circle and fill in) |
|--------------------|----------|---|
| | | wake-up breakfast lunch dinner bedtime other: _____ # of tabs: _____ / _____ / _____ / _____ / _____ / _____ |
| | | wake-up breakfast lunch dinner bedtime other: _____ # of tabs: _____ / _____ / _____ / _____ / _____ / _____ |
| | | wake-up breakfast lunch dinner bedtime other: _____ # of tabs: _____ / _____ / _____ / _____ / _____ / _____ |
| | | wake-up breakfast lunch dinner bedtime other: _____ # of tabs: _____ / _____ / _____ / _____ / _____ / _____ |

(if there are more medications than lines provided please attach a second page)

PAYMENT: VISA, MASTERCARD or AMERICAN EXPRESS:

I hereby authorize J Drugs to charge my credit card all co-payments associated with the medication that I order. I agree to pay for any items that are not covered by my insurance plan.

Card Holder Name Card Number Expiration Date / CVV Code

Card Holder Signature Date

Please Mail, Fax, or Email forms to the address listed above and attach all prescriptions not submitted by your doctor. J Drugs is a third-party provider and is not associated with URJ Olin-Sang-Ruby Union Institute.

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| <p>Insurance Card Front of Card PLEASE CONFIRM THAT ALL DATA IS LEGIBLE</p> | <p>Insurance Card Back of Card PLEASE CONFIRM THAT ALL DATA IS LEGIBLE</p> |
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(If you have more than one insurance please include copies of all cards)